



Gastroenterology Consultants, Ltd

For Scheduling Changes, please call:

Reno (775) 329-4600

South Meadows (775) 852-4848

Patient Name: _____

Appointment Date: _____

Check-in Time: _____

Appointment Time: _____

Location:

- Renown South Meadows Medical Center 10085 Double R Blvd Suite 260, Reno NV 89521
- Northern Nevada Medical Center 2375 E. Prater Way Sparks, NV 89434
- Northern Nevada Sierra Medical Center 625 Innovation Dr, Reno NV 89511
- Other _____

EGD PREPARATION

Your provider has decided that an esophagogastroduodenoscopy (EGD) examination is necessary to evaluate your upper digestive tract. To achieve a thorough examination, it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present. Therefore, it is very important that you follow the instructions below as carefully as possible. If you have any questions, please call our procedure facility prior to your examination so we may take care of any concerns well ahead of time.

Please read the following instructions carefully at least one (1) week prior to your procedure.

IMPORTANT:

- **If you are taking any weight loss OR diabetic medications - GLP1 (Glucagon-Like Peptide-1): Trulicity, Bydureon, Byetta, Saxenda, Victoza, Adlyzin, Ozempic, Wegovy, Rybelsus**
 - If GLP1 dose is **daily**, **DO NOT** take on day of procedure.
 - If GLP1 dose is **weekly**, **DO NOT** if procedure is within **7 days**.
 - **Phentermine** should **NOT** be taken for **7 days** prior to the procedure.
- **THE DAY OF YOUR PROCEDURE, DO NOT CONSUME ANY SOLID FOOD OR DRINK ANY CLEAR LIQUIDS FOUR (4) HOURS PRIOR TO YOUR PROCEDURE.**
- **NO GUM CHEWING OR TOBACCO CHEW ARE ALLOWED.**
- **IF ANY OF THESE ITEMS ARE CONSUMED WITHIN FOUR (4) HOURS OF YOUR PROCEDURE, YOUR PROCEDURE MAY BE CANCELED.**

SPECIAL CONSIDERATIONS:

Please contact our office immediately if you have any of the following medical conditions and have not discussed them with us:

- You take **ANY** medications that prevent your blood from clotting.
 - I.E. Coumadin (Warfarin, Jantoven), Plavix, Pradaxa, Effient, Xarelto (Rivaroxaban)
- History of excessive bleeding during previous surgery or dental extraction



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GENERAL INFORMATION:

Please comply with the following instructions listed below:

1. **Bring all completed forms from your packet.**
2. **YOU WILL NEED A RESPONSIBLE DRIVER TO TAKE YOU HOME.** Due to the sedation given for your procedure, you cannot drive for the remainder of the day.
 - If you choose to take a taxi, you **MUST** be accompanied by a responsible adult.
3. Bring in your insurance cards and a photo ID, such as a driver's license so that we may assist you in billing for our services.
 - **All co-pays, co-insurances, and deductibles are due at time of service.**
 - **Please be prepared to pay these fees on the day of your procedure.**
4. Leave all jewelry and personal valuables at home.
5. Bring any reading glasses and/or hearing aids to your procedure.
6. **Bring your inhalers if you use them.**
7. **Contact Information:** If you are coming from out of town or staying at a place other than your main residence, please call our office and leave a number where you will be staying in case we need to contact you.

If you have any questions regarding your procedure or these instructions, please contact our office at (775) 329-4600.

The Day before the Procedure: ___ / ___ / ___

- You may have your usual diet during the day, but must start a **CLEAR LIQUID DIET at 8:00 PM.**
- Foods allowed after 8:00 PM include water, clear fruit juices, (pulp-free), clear soft drinks, strained soups and bouillon, Jell-O, popsicles, and lifesavers.
- **NO RED, PURPLE OR GREEN COLORED CLEAR LIQUIDS**
- NO SOLID FOODS, COFFEE, DARK COLAS, MILK OR MILK PRODUCTS ALLOWED after 8:00 PM
- **NO ALCOHOL.**
- **Take all your normal prescription medications unless advised otherwise.**
- **Do not take any GLP-1 medication for weight loss or diabetes.**

The Day of the Procedure: ___ / ___ / ___

- **Do not eat anything before the procedure** except for small amounts of clear liquids such as water, clear sodas, clear fruit juices, and bouillon **(absolutely nothing by mouth four (4) hours before the procedure).**
- **Take your usual a.m. medications (high blood pressure medication, etc.) up to four (4) hours before the procedure with small sips of water.**