



Gastroenterology Consultants, Ltd

Reno South Clinic
10619 Professional Circle
Reno, Nevada 89521
(775) 852-4848

Patient Name: _____ Appointment Date: _____
Check-in Time: _____ Appointment Time: _____

FIBROSCAN INSTRUCTIONS

The day of the procedure: ____/____/____

- Do not eat or drink anything **3 hours before your test (including medication, gum or hard candy)**
- Do not smoke or use any Tobacco products for **at least 2 hours prior** to your appointment
- Wear looser fitting 2-piece clothing
- Expect to stay in the office for about 45 minutes for the test.

What is a FibroScan?

The FibroScan is a non-invasive, pain-free test used to measure the stiffness of the liver in patients with liver disease. Liver stiffness helps your healthcare provider determine the best course of treatment for your disease. The stiffer the liver, the more advanced the liver disease. The FibroScan may also be used to monitor your liver during treatment to track effectiveness.

What should I expect during the FibroScan?

During the exam, you will be lying down on your back with the right arm raised and tucked behind your head. Preparation includes no food or drink for three hours before the exam and you may wish to wear a loose-fitting shirt as the skin covering your right rib cage area will need to be exposed to complete the exam. A staff member will place a probe, similar to an ultrasound probe, on your side near where your liver is. That probe sends painless vibration through your body and into your liver. The probe measures how fast it takes the vibration to travel through the liver. The faster the vibration travels through the liver, the stiffer the liver is. The examination itself takes about 10-15 minutes. You should plan to spend about 45 minutes at the clinic in total. You may drive yourself to and from the test.

What should I expect after the FibroScan?

The FibroScan computer will analyze the information from your test. The results will be given to a doctor who will send the results to the ordering physician. Results may take up to 2-3 weeks to be completed by your provider. A results letter will be mailed, or the provider may contact you for further information.

- If you need to reschedule or cancel this appointment, please call (775) 852-4848 at least 24 hours ahead of appointment.