



Gastroenterology Consultants, Ltd

Pre-Procedure, Colonoscopy Instructions for Diabetic Patients with Insulin Pumps

- Ensure you are scheduled for an appointment in the morning.
- Contact your doctor or clinic that manages your insulin pump and notify them of your upcoming procedure, diet restrictions and bowel prep (if having a bowel prep).
- Obtain instructions on how to adjust your insulin pump dosing and follow those orders. Please bring a copy of the orders with you to your procedure.
- If you are unable to contact your doctor or clinic managing your insulin pump, then follow the guidelines below:

Day before procedure:

Follow colonoscopy instructions for diet and prep plus the following:

- Clear liquids only; regular products, **avoid** sugar free or diet products. No solid food.
- Insulin pump to run at regular rate.
- Boluses to be given ½ hour prior to consuming clear liquid meal (due to more rapid absorption of glucose into bloodstream with clear liquids).
- Check and document blood sugar at least QID
- Maintain hydration during bowel prep.
- **Change insulin pump to basal rate at bedtime.**
- Report any hypoglycemic, hyperglycemic problems or questions to your Provider or Clinic managing your diabetes and insulin pump.

Day of Procedure:

- Nothing to drink four hours prior to procedure.
- Four hours before your procedure, change insulin pump to **temporary basal rate (80% of your basal rate)**.
- Check your blood sugar at time of change to temporary basal rate and at least every four hours until procedure complete.
- Resume your diet and normal insulin pump routine upon discharge and return home.