



Gastroenterology Consultants, Ltd

Pre-Procedure, EGD/Gastroscopy Instructions for Diabetic Patients with Insulin Pumps

- Ensure you are scheduled for an appointment in the morning.
- Contact your doctor or clinic that manages your insulin pump and notify them of your upcoming procedure, diet restrictions and bowel prep (if having a bowel prep).
- Obtain instructions on how to adjust your insulin pump dosing and follow those orders. Please bring a copy of the orders with you to your procedure.
- If you are unable to contact your doctor or clinic managing your insulin pump, then follow the guidelines below:

Day before procedure:

- **Change insulin pump to basal rate at bedtime.**
- Check your blood sugar at this time, notify the physician managing your insulin pump if your blood sugar is out of your normal range.
- Report any hypoglycemic, hyperglycemic problems or questions to your Provider or Clinic managing your diabetes and insulin pump.

Day of Procedure:

- Nothing to eat or drink four hours prior to procedure.
- Four hours before your procedure, change the insulin pump **to temporary basal rate (80% of your basal rate).**
- Check your blood sugar at time of change to temporary basal rate and at least every four hours until procedure complete.
- Resume your diet and normal insulin pump routine upon discharge and return home.