

Reno Endoscopy Center
880 Ryland Street
Reno, NV 89502
(775) 329-1009

South Meadows Endoscopy Center
10619 Professional Circle
Reno, NV 89512
(775) 852-1886

Carson Endoscopy Center
1385 Vista Lane
Carson City, NV 89703
(775) 884-8818

For Scheduling Changes,
Call (775) 329-4600

For Scheduling Changes,
Call (775) 852-4848

For Scheduling Changes,
Call (775) 884-4567

Patient Name: _____

Appointment Date ___/___/___

Check-in Time _____

- Reno Endoscopy Center
- South Meadows Endoscopy Center
- Carson Endoscopy Center
- Other _____

GASTROSCOPY PREPARATION

Your physician has decided that a gastroscopy examination is necessary to evaluate your upper digestive tract. To achieve a thorough examination it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present. Therefore, it is very important that you follow the instructions below as carefully as possible. If you have any questions, please call our procedure facility prior to your examination so we may take care of any concerns well ahead of time.

Special Considerations

If any of the following apply to you, please let us know well in advance of the examination so that we can provide special instructions:

- **You take Coumadin (blood thinner)**
- **You have an artificial heart valve or any other condition requiring antibiotics**
- **You have diabetes**

The Day before the Procedure: ___/___/___

- You may have your usual diet during the day but only clear liquids after 8 p.m.
Foods allowed: water, clear fruit juices (pulp-free, no red or purple), soft drinks (no red or purple), strained soups and bouillon, Jell-O (no red or purple), Popsicles (no red or purple), black coffee or tea, and Lifesavers (no red or purple).
NO SOLID FOODS OR MILK PRODUCTS ARE ALLOWED
- Your stomach must be empty when we perform the examination.
- Follow your normal medication schedule with sips of water or other clear liquids.

The Day of the Procedure: ___/___/___

- Do not eat anything before the procedure except for small amounts of clear liquids such as water, clear sodas, clear fruit juices (pulp-free, no red or purple), and bullion (**absolutely nothing by mouth 4 hours before the procedure**).

- ❑ Take your usual a.m. medications (high blood pressure medication, etc.) up to 4 hours before the procedure with small sips of water. If you have an early procedure (before 10 a.m.) you should take your a.m. medications right after the procedure.

GENERAL INFORMATION

- ❑ Leave all jewelry and valuables at home.
- ❑ Your dentures will be removed during the exam for safety reasons.
- ❑ **Do not forget to arrange for transportation home after the procedure. Since you have been sedated you will be unable to drive for the remainder of the day.** You will not be able to operate any machinery or go to work until the following day.
- ❑ **If leaving by taxi, you will not be allowed to leave by yourself. You must be accompanied by a friend or relative.**
- ❑ **Co-Pay, Co-Insurance and Deductible amounts are due at the time of service. Please be prepared to pay for these fees on the day of your procedure.**
- ❑ If you are coming from **out of town** or staying at a place other than your main residence, please call our office and leave a number where you can be reached.

Reno Endoscopy Center	(775) 329-1009
South Meadows Endoscopy Center	(775) 852-1886
Carson Endoscopy Center	(775) 884-8818
All Out of Town Patients	(800) 442-0041